

## I. Fill in the blanks.

1. The immediate help given to an injured person is called \_\_\_\_\_.
2. Anaemia is caused by the deficiency of \_\_\_\_\_.
3. \_\_\_\_\_ spreads malaria.
4. \_\_\_\_\_ provide quick energy.
5. A break in the bone is called \_\_\_\_\_.
6. Insufficient amount of \_\_\_\_\_ in one's diet can cause deficiency diseases.
7. \_\_\_\_\_ provides support and nutrients to the plants.
8. Leafy vegetables are rich in \_\_\_\_\_.
9. Soil erosion makes soil less \_\_\_\_\_.
10. Non-communicable disease are not caused by \_\_\_\_\_.

(10)

## II. Match the following.

- |                             |           |
|-----------------------------|-----------|
| 1. Vitamin C                | Fish      |
| 2. Prevents night blindness | Rickets   |
| 3. Calcium                  | Automatic |
| 4. Lack of Vitamin D        | Vitamin A |
| 5. Reflex action            | Orange    |

(5)

## III. State whether true or false.

1. A reflex action involves the brain directly.
2. Vaccines generally given before a disease has occurred.
3. Regular exercise and rest keep our minds and bodies healthy.
4. Diabetes is a communicable disease
5. Carbohydrates help the body in healing injured parts of the body.
6. All micro organisms are germs.
7. Plants should be cut to make cities.
8. Papaya is a rich source of vitamin A
9. We get vitamin B from sunlight.
10. Crops are grown in the soil.

(10)

## IV. Answer the following.

1. Why should we not overcook food?
2. What is the nervous system made up of?
3. How is soil important to animals?
4. How are germs transferred from one person to another?
5. Write two food items that provide fibre to the diet?
6. What are the advantages of terrace farming??

(2)

(3)

(3)

(3)

(2)

(3)

7. Write the importance of water in our body. (3)
8. What precautions would you take to check the spread of malaria (3)
9. Write the functions of the different types of nerves in our body? (3)
10. How can you prevent deficiency diseases? (3)

V. Draw a neat labelled diagram of the different layers of soil and answer the following questions

1. Which is the second layer of the soil?
2. Which is the best layer for the growth of plants?
3. What are the natural factors that cause soil erosion?
4. Where are shelter belts useful?
5. What is soil conservation? (10)

VI. Give reasons for the following.

1. We should not touch electric switches with wet hands.
2. A wound is washed well with soap and water.
3. We should avoid food and water from unclean sources.
4. We move our finger instantly when it gets pricked by a pin.

(8)

VII. Draw three common road signs. (3)

VI. Label the parts of the human brain. Write their functions. (6)

