

2017 - 2018



**MAR THOMA
RESIDENTIAL SCHOOL
THIRUVALLA**



FLARE

VOLUME 16 ISSUE :2 - 2017

NEWS LETTER



2017-2018

II
Editorial



For the grace of God that brings salvation to all men. (Titus 2:11)

The lexical meaning of *grace* is free and undeserved favour, especially of God. The biblical meaning of *grace* is self- originated love. *Salvation* means the process of being restored or made new for the purpose of becoming saved; the process of being rid of the old poor quality conditions and becoming improved. Therefore, clubbing together the meanings of *grace* and *salvation* in this verse, the simple explanation for this is: ***Jesus appeared in this world to save the entire mankind.***

Grace is a word for self motivated, ever-acting, communicating, stooping and pardoning mercy which has its home and throne in the heart of God Himself. The grace alone brings salvation to all men. It is that grace of God by which mankind can be saved. The grace of God rich in goodness and love was no longer hidden. It appeared, it was manifested in the flesh, it showed its flesh in the form of the infant born in Bethlehem. When Christ was born, a holy star was seen. It was not a bright star illuminating everything but a glimmer of light spreading out from a precise point to the entire world.

Many years before itself, it was predicted that a saviour was going to be born. But nobody expected Jesus Christ to be born in a manger. God's own Son deserved a high-profile birth in the most elegant surroundings. Instead, He made His appearance on earth in the lowliest of circumstances. He came to earth not as a pampered, privileged ruler but in meekness as one of us to show that he is approachable, accessible, and available for us. He came for all: Jews and Gentiles, rich and poor, far and near, believers and non-believers, for each and every one in this world. He didn't come simply but came to save us by his divine grace. Everyone should accept that grace so that our hearts will be illuminated with a ray of that divine light.

Let us make haste, like the shepherds on that Bethlehem night. God has come to meet us, He has shown us his face, which is full of grace and mercy. May His coming to us not be in vain! Let us hurry up to welcome him, to get illuminated by His light with confidence and bow down in humility to adore Him.

Merry Christmas

Miss Bibi Rebeca Binu
Staff Editor

24





THOUGHTS AND THROBS

The second term comes to a close with the Christmas season. Terminal exams are over and its time to get ready for the annual exams. I attended the General Body of the ASISC at Jaipur in Nov.2017. In one of the talks on 'Healthy Children are Happy Children', Dr. Nirmal Singh, Associate Professor at University of Rajasthan spoke about how children can be active and energetic in life for a better future. Many children do not take part in any sports or games either at school or at home. Many of them replace home made food with unhealthy junk food. Some of them avoid having any breakfast before coming to school. Some enjoy binge eating in front of the T.V. or computer. The reports say that more than 50% of the school children are either under weight or overweight. We should know that nutrition is the key to health. Give priority to home made food prepared by your own mother and also eat plenty of fruits.

On cyber safety, it was reported that 51% of the student community are on internet. Just know that no message that we send on Whatsapp or Face book is safe. The e-mails and messages sent to friends are no more private and you are vulnerable to predators. The cyber safety cell is constantly watching all that is shared among friends. Learn to repel the advances of predators and let us learn to make our Face book a safe book. I urge each one of you to make full use of your time to acquire more knowledge.

T. S. Eliot raises some poignant questions in the poem *Chorus from the Rock*
Where is the sense of direction that we lost in knowledge?
Where is the knowledge that we lost in information?
Where is the life that we lost in living?

Let's learn to have the sense of discretion to recognize the right from the wrong. In order to seek and attain it let us struggle in our school life.

May the Almighty God bless each and everyone of you in the coming days.

Wishing you a joyful Christmas and a very bright new year.

Principal

TABLE TENNIS TOURNAMENT

A team of players went to St. Patricks Academy, Mannapara, Angamaly for the All Kerala ICSE and ISC Table Tennis Tournament held on September 23, 2017. ISC boys bagged the 1st prize and both ICSE boys and girls won the second prize.



Winners of table Tennis Tournament

ISC/ICSE SPORTS MEET FOR THE YEAR 2017-18



ISC / ICSE Sports meet for the year 2017-18 held at L. N. C. P. Kariyavattom, TVM. The winners with our Principal Prof. Bijoy Varghese, Physical Education Teachers Nelson Mathew and Priya K. Joseph

AISC BADMINTON

Ridhu Anna George of class 12, bagged the 1st place in the Shuttle Badminton Tournament held at M.E.S.Udhayog Mandal School, Ernakulam.

JUNIOR CULTURAL FEST

The cultural programme of primary section was organised on September 28, 2017. The programme consisted of dance and fancy dress competitions. Folk and cinematic dances were also judged both for boys and girls and was awarded accordingly.

Many children participated in the fancy dress competition. Different characters were presented on the stage. It was a mighty task for the judges to select the winners. The presence of the parents was an encouragement for the children. The little children enthralled the audience with their spectacular performance. The programme was very well conducted with lots of happiness for the children and their parents.

BEFRIENDING NATURE

The little ones of kindergarten spend some hours in the lap of nature amidst the flowers, trees and the butterflies. It instilled in them a sense of love and appreciation for nature.

INTER HOUSE ATHLETIC MEET

The 42nd Inter House Athletic meet commenced on October 20, 2017. The Chief Guest for the day was Dr. Reginold Varghese, retired professor of Physical Education, Mar Thoma College and President of Football Association Pathanamthitta. It began with the march past as the House Captains and Vice Captains led their team. The highlight of the event was the newly inducted school musical band which was trained by retired naval officer Mr P. Mohanan. The Chief Guest presented a trophy to Ridhu Anna George for bagging the 1st place in the Badminton singles tournament at the State level.

It was followed by a spectacular P.T display by the boys and girls of classes 5-7, Karate display and Pyramid formation.



The first day of the sports meet was sunny and the audience witnessed nail-biting competition between the houses. The incessant rains on the concluding day could not dampen the spirit of the participants as each tried to beat their opponents.

The Red House emerged the winners of the ever rolling trophy and the Blue House was the runners up.



Dr. Reginold Varghese presenting a memento to Ridhu Anna George together with Prof T. K. Vaidyan, Mr. Thomas P. Athyal and Prof. Bejoy Varghese.

The newly inducted School Band marching in rhythm.

TRIP TO NASA, FLORIDA

A team that comprised of 11 students under the leadership of Mrs. Roshin John went to Florida, U.S.A on October 12. They arrived on October 18 after a weeklong fun filled adventure to NASA, Disney Land and Miami beach.



KINDERGARTEN: CULTURALS AND SPORTS



← The K.G. Students Participating in different events

KERALA PIRAVI

A serene celebration with melodious songs, dances and speeches in Malayalam brought out the true spirit of our state. The assembly was conducted by the prefects and ended with the beautiful quote by the Malayalam poet Vayalar Rama Varma, *If I had the chance to be born again, I would want to be born in this beautiful land, Kerala.*



Our Pride:
Dr. Sairu Philip, the first Head Girl of M.T.R.S, felicitated by the school for being chosen as the Best Doctor in the Pathanamthitta District.


ONE DAY TOUR FOR PRIMARY SECTION

Students of std 1 to 4 were on a day's outing to different amusement parks. It was a welcome break from the mundane activities of school.

CHILDREN'S DAY ASSEMBLY

The teachers conducted an excellent assembly on November 14, 2017. Mrs Jean Ann Alex read from the Scriptures and Ms. Sneha Ann Jacob gave the message based on the Scripture.





Mrs. Jancy Jose gave a thought provoking speech on traditional Indian values and etiquettes students should cultivate. Mr. Sajai John rendered a Malayalam recitation. A group of teachers sang a song the lyrics of which was done by Mr. Sajai John and tuned by Mr. Samon Baby. A group of teachers including the Vice Principal and the Head Mistress performed a choreography. A video presentation depicting the different activities at school was shown. The assembly concluded with the live broadcast of Asianet News which was read by our student, Della Richu Baby of Std. 9.

JUNIOR SCHOOL SPORTS

A meticulously organised Junior Sports Day was held on November 16. The event commenced with the parade by the students of primary as the musical band played the marching beats. The Chief Guest for the day was Dr. Niji A. J, Head of the Department of Physical Education, Mar Thoma College. Samuel John Koshy of Class 4C, attired as Chachaji spoke to the audience about Pt. Jawahar Lal Nehru. Little students dressed up as famous personalities captivated attention. The various displays entertained the audience. Students competed in each event with all vigour and fervour. The event ended with the presentation of trophies to Shinu Sam Babu and Abisha Merin George, the best performers.

An art exhibition JUNIOR BIENNALE, showcasing the junior students innate aesthetic sense and their vivid imagination, was inaugurated by the Secretary Mr. Thomas P. Athyal.



PRIMARY SPORTS :DISPLAY BY KG KIDS

CSSM MISSION

November 20 to 23 was filled with fun and laughter as the CSSM team presented skits, action songs and stories which spiritually uplifted the students.

The senior students were engaged by Sam Jaisunder and his colleagues .

FILM SHOW

Students from class 5 to 12 watched a Malayalam movie, *Sukhamayirikkette* which depicted the repercussions caused by the deterioration of values, among youths in families and the society.

MAR THOMA SHUTTLE BADMINTON TROPHY

Mar Thoma Shuttle Badminton Trophy was hosted on November 25th by our school. Many of our students won prizes in various categories.



RETREAT FOR STUDENTS OF CLASS 12

Acknowledge the Lord in all our ways and He shall direct our path.

A retreat for the outgoing 12th students of our school was held on 1st December 2017 at Charalkunnu. The chaplain and counsellor of the school Rev. Dr. Joe Joseph Kuruvilla and Mr. Robin Thomas led the retreat. The Vice Principal Mrs Anitha Susan John and class teachers Mr Rinu Thomas, Mrs Asha Dileep, Mrs. Jancy Jose and Mrs Reena Zachariah also gave leadership to the sessions.



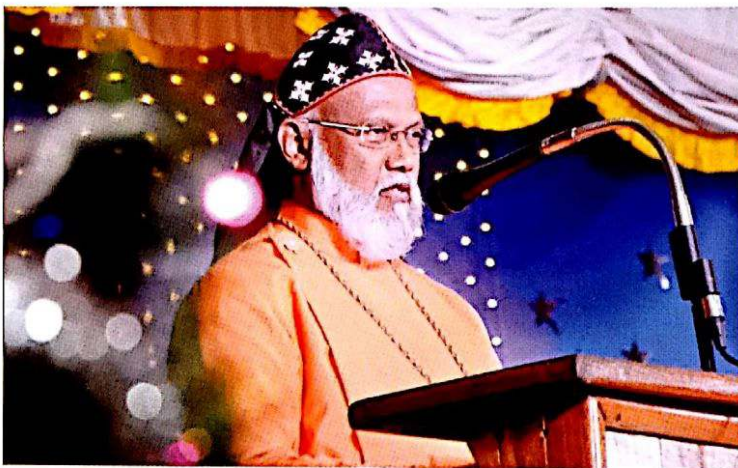


Retreat of Std XII students at Charalkunnu

CHRISTMAS PROGRAMME

Silver bells, silver bells. Its Christmas time in the city.

The most awaited season of the year is here. The practice sessions in carols, drama and choreography in the weeks of November culminated with the Christmas celebrations held on December 8, 2017. Rt. Rev. Thomas Mar Timotheos Episcopa, Bishop of Chengannur-Mavelikara Diocese was the Chief Guest.



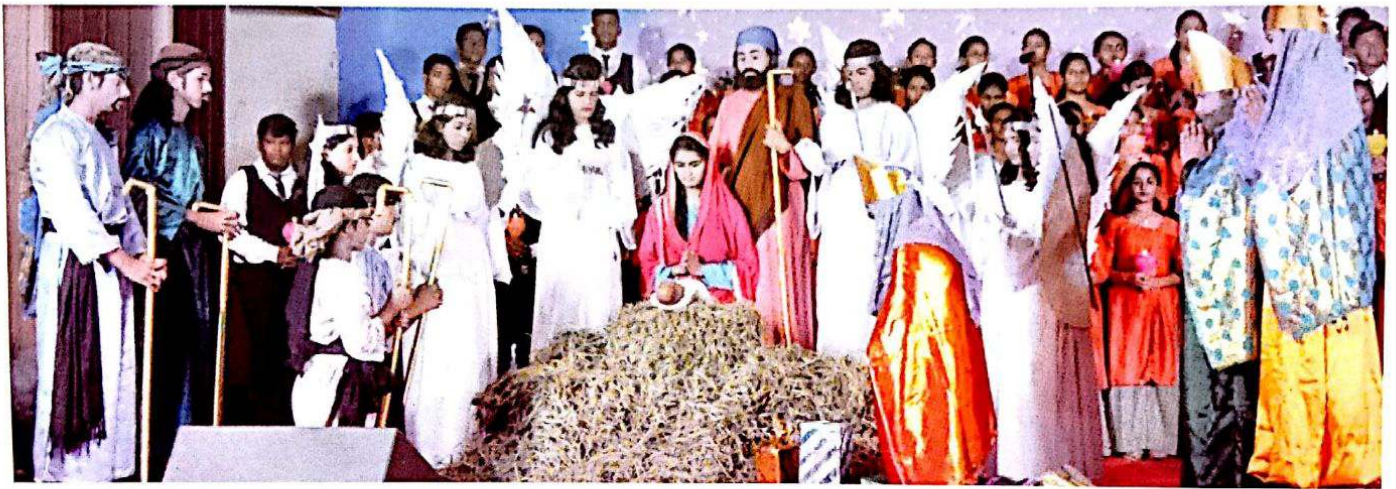
Thirumeni gave a profound and awe inspiring talk on showing our love to others by sharing and thus mitigating each others suffering and pain. Thirumeni was delighted that the school has inculcated such values in the students when the students of class 11 donated a sum of Rs.50,000 to various charitable organisations. This amount was collected from the profit of Rs.92,000 they had made during the Athletic Meet .

Rt. Rev. Thomas Mar Timotheos Episcopa addressing the gathering

The carols by various sections brought the joy of Christmas .The play and the choreography were excellent. The star attraction was the live orchestra led by Mr. Rinu Thomas, Department of Mathematics, at the violin.The Nativity Scene brought out the beauty of the first Christmas.The arrival of Santa and his three little elves added mirth and laughter to the programme.







STUDENT REPORTERS

Seth Shaji Geoge
Treesa Thomas Alex
Vidyalekshmi R
Susan Ipe Kovoov
Leah Achu Philip
Nova Marium Roy
Parvathy S Kumbalyil
Sneha Mariam John

EDITORIAL ADVISOR

Prof Bejoy Varghese

CHIEF EDITOR

Mrs. Mini Joji Thomas

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Ms. Bibi Rebecca Binu
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Mrs. Jyotisree V.
Mrs. Anizha K.
Mrs. Asha Varghese
Mr. Robin George Mathew

SPECIAL THANKS TO

Mrs. Aleyamma Mathews Joseph
Mrs. Anitha Susan John
Mrs. Anis Sunil Jacob
Ms. Praise Susan George

PUBLISHED FROM

Mar Thoma Residential School

Tiruvalla



For unto us a child is born, unto us a son is given and the government shall be, upon His shoulder; and His name shall be called WONDERFUL COUNSELLOR, THE MIGHTY GOD, THE EVERLASTING FATHER, THE PRINCE OF PEACE

ISAIAH 9:6

