



MAR THOMA
RESIDENTIAL SCHOOL
TIRUVALLA

FLARE

NEWS LETTER

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2018-2019

Editorial



May the grace of God be upon you in this new Christmas season.

Being a child of God, I am always fascinated by the endless beauty of the stars up in the sky. Many times I wish to touch the stars and I have even wondered at the twinkling effect that it produces up there. Later I was taught that it is the sun that illumines their beauty. Though we never see the stars with our naked eye during daylight, it is still there. During this Christmas season especially from the first day of December, my heart bubbles to own a star and hang it up in the entrance of our house. It gives me joy and provides a mood of reverence and celebration. The star also plays an important role in Christ's birth for it guided the three wise men to baby Jesus, who is the real star of Bethlehem. The Holy Bible informs us that the Light that enlightens all was *coming to this world and we have beheld the glory, the glory of the only Son*. The star is a guide post to the Eternal Star Jesus, Who is the ultimate reason for the Christmas event. The birth of Christ gives joy, hope and destiny to the oppressed, poor and less privileged. We in one way or the other want to be stars of this world. However, the title gives us fame and glory to our selfish ends. We do everything to satisfy our own greed. But the Star of Christmas and His birthday celebration should lead to provide joy, peace and love to the people around us. As we celebrate Christmas let us be channels of God's endless love. Thereby let us shine as real stars of this world.

Liz Leya Ninu
Editorial Prefect, Std. XI A



Principal Mr.Reji Mathew receives the award

It's time to celebrate!

We aim high and ensure that every success our students and staff achieve receives the acknowledgement and reward it deserves. It is our pleasure to announce that our school is the proud recipient of **India School Merit Award**, rewarding Excellence in Education 2018-2019 certificate of achievement, India's Top 20 Boarding Schools.

The school is ranked, **No.11 in India; No.1 in Kerala; No.1 in Thiruvalla** for the exemplary contributions in the field of Education.

The award was conferred by Education Today at a function in Bangalore on 8th December, 2018.

**Merry
Christmas
& HAPPY NEW YEAR**

THOUGHTS AND THROBS



Every child is a gift of God graciously bestowed upon his/her parents, whose hands are esteemed trustworthy by Him. The wonders of this gift, unlike a material one, never cease to astonish us if unravelled and equipped with a positive perspective.

This gift well-received, entails great responsibilities no matter whatever be the milieu. The strong foundational work of the child's well-being - physical, emotional and spiritual - rests with the parents at all times. Nevertheless, the edifice of the same can be lovingly nurtured by the teaching community in the phase of the formal education which introduces the child to the teacher and vice versa. Thus education is a tri-polar process.

The child explores, grows and changes phenomenally in a changing background of books, friends, teachers and technology. In order to help the child cope with the changes and challenges and to ensure quality performance in keeping with the purposes of God, parents are encouraged to foster in your child the ensuing: the habit of rising early, procuring a quiet time, eating of breakfast, time management, self-discipline, self-study, diligence in doing home work, engaging in meaningful activities, moderate watching of programmes on TV and quality family time instilling in the child the confidence to open up no matter what be the issue.

Unfavourable comparisons, harsh methods of disciplining, nagging about studies and the like can eventually turn out to be detrimental to the sparkle in your child. Be realistic in your expectations about this unique gift to you from God.

This Christmas let hope warm your heart, love warm your family and the Holy spirit warm all mankind.

Mr. Reji Mathew
Principal

TEACHERS' DAY

The school celebrated Teachers' day on 5th of September, 2018. The prefects mesmerised the entire school with their song dedicated to teachers. Liz Leya Ninu of Std. XI A delivered a speech on teachers' day as *gurudakshina*. Rehan Ahamad of Std. IV D recited a Malayalam poem regarding the role of a guru in shaping a child's future. Then newsletter Flare (vol.17, issue.I) was officially released by the Principal. He addressed the students and emphasised on the importance of valuing *Guru* in every individual's life.



PRIZE DAY

The 44th Annual Prize Day was held on 15th September, 2018. Rev. K.E Geevarghese, President of *Marthoma Educational Agency* led the gathering in prayer. The Head boy, Ansal Mathew Philip welcomed the gathering. The annual report of the academic year 2017-2018 was presented by the Principal. The students of Std. X entertained the audience by singing *We are the world*. The Guest of Honour, Prof. Dr. George Varghese, *Director of Research, Mar Ivanios College and former director of KSCSTE* distributed the proficiency prizes. He reminded the students to aim higher to become successful. Further, the girls of Std XII rendered a beautiful song. The Head girl, Leah Achu Philip proposed the vote of thanks.



OZONE DAY 2018

Ozone day was celebrated in the school to make the students aware of the growing menace of pollution leading to ozone depletion. A house-wise collage competition on the theme *Ozone depletion - An Impending Catastrophe* was organised in school on 17th of September, 2018. Red, Yellow and Green houses won the first, second and third places respectively. Std. IV E students participated in the *Hug a Tree* programme.

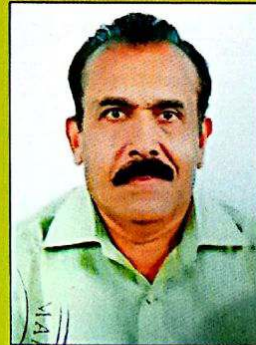


WORLD NATURE DAY

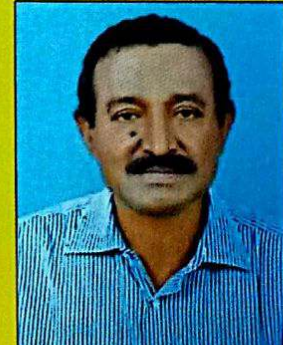
The school's Nature Club under the guidance of Mrs. Asha Varghese celebrated World Nature Day on 3rd of October, 2018. They took an initiative to plant saplings in the school premises conveying the message grow in the midst of green.



Congratulations on assuming office in the Mar Thoma Educational Agency



Prof. William M Daniel
(Secretary)



Mr. Zachariah Varghese
(Treasurer)

GRANDPARENTS DAY AND WORLD HEART DAY

Std I-IV of our school conducted a special programme for celebrating the Grandparents Day and the World Heart Day on 28th of September, 2018. It was inaugurated by Dr. Zulfikar Ahamed, *Paediatric Cardiologist, KIMS Hospital, Thiruvananthapuram* in the presence of grandparent representatives: Mr. Rajappan J.R and Hemalathathamburatti, *Principal Mr. Reji Mathew, VicePrincipal Mrs. Anitha Susan John and Headmistress Mrs. Anis Sunil Jacob*. The Guest of Honour delivered the keynote address which enabled the children to have a new and better perspective about their family relationships and health. The Principal and the Headmistress of the school shared their thoughts with the audience. Prof. Sushamma George Oommen Rtd. *Principal of Titus II Teachers Training College, Tiruvalla* gave the concluding message for the programme. Tulsi saplings were planted by the Guest of Honour and other dignitaries. As a loving gesture, greeting cards were presented to grandparents by the students.



Irene Pulickal of Std. IV.B gave a speech regarding the importance of having such a programme. Mr. Binoy Thomas, Yoga instructor of the school demonstrated some important yogasanas. This event was not only an interesting programme but was also a new experience which enlightened the kids to understand the value of family and health.

POSTAL DAY CELEBRATION

On the occasion of the World Post Day on 9th of October, 2018 the students of Std.VI.B visited the Railway Station Post office under the guidance of Mr.Vinu S Nair. The personnel at the office welcomed the children, showed them varieties of stamps and letters, explained the development of the postal services in the country and asked the students to cultivate a habit of writing letters to friends and relatives.



WORKSHOP ON POSTAL DAY

A workshop was conducted by the Postal department of Tiruvalla for the students of Std.VII. Khaleel Gibran of Std.VII A welcomed the gathering. The officials of the Postal Department, Tiruvalla Mrs. Vijayamma T Supt.of Tiruvalla Head post office, Mrs. Reena Susan George Asst.Supt., Mr.Ravi Kumar Public RelationInspector, Mr.S Surendran Divisional Trainer, Mr. K G John Asst. Post Master and Mr.Sujith G Marketing Executive led the workshop. There was a presentation on the history of stamps. Quiz competitions were also conducted.



WORLD STUDENT'S DAY

To mark the birth anniversary of Dr. A.P.J. Abdul Kalam, primary section organised a special assembly. A special quiz competition was conducted by the Headmistress Mrs. Anis Sunil Jacob. A house wise poster designing competition was held for the senior section wherein Blue, Yellow and Green houses came in first, second and third positions.



INTER-HOUSE CULTURAL COMPETITION

Inter House cultural competitions for senior section was held on 19th of September, junior section on September 24th to 26th and kindergarten from 8th to 12th October. The members of all the four houses showed a great deal of zeal and enthusiasm in various events which included solos, group songs, debates, quizzes, recitation, extempore, elocution, storytelling etc. The performances of the students were much beyond expectations and it gave them an opportunity to expose their talents. The Red house emerged victorious in the competition.



KERALA PIRAVI

The Kerala Piravi assembly was conducted on 1st of November, 2018 by the students of Std. VI. Christa Elsa Ajoy and Anugraha Maria Sujoy presented a Bible speech on the topic *Transformation* in connection with the birth of Kerala. Few students entertained the audience with a melodious song. Vaishnavi Jayachandran gave a descriptive speech on the history of Kerala. The highlight of the assembly was the musical skit which included various dance forms like *kalari*, *Vallam Kali* (snake boat race), *Thiruvathira*, *Margam Kali*, *Oppana*, *Koithu Pattu* etc. Angelina Maria Tom of Std. VI A played an inevitable role in presenting the theme of the skit with her melodious voice.



GANDHI JAYANTI

India's third national festival, Gandhi Jayanti was celebrated in school for commemorating the father of our nation, Mahatma Gandhi. Mrs. Deepthi Chacko welcomed the gathering. An *All Faith Prayer* was conducted in the school under the guidance of Mrs. P K. Mariamma, *incharge of Scouts and Guides* of the school. The Guest of Honour Rev. K. E. Geevarghese *President of Mar Thomas Educational Agency and Vicar of Kuttupuzha Jerusalem Mar Thoma Church* blessed the occasion. Scouts and Guides took part in the programme. Special prayer songs were sung.



ANNUAL ATHLETIC MEET

The 45th Annual Inter House Athletic meet was held on 8th and 9th of November, 2018. Dr. Punnoose George *IPS Rtd. DGP of Madhya Pradesh* was the Guest of Honour. He reminded the students not to be trapped by this virtual world and urged them to venture into reality. As usual in every year, this year's food stall was conducted by the Std X1, *ISC 2020* batch. The food stall was named *La Fabula Saveur*. The Yellow house, Red house and Blue houses won the first, second and third positions respectively for the events. Mr. Koshy George *Motor Vehicle Inspector, Tiruvalla* the Guest of Honour for the closing ceremony distributed the prizes. The meet as a whole was a grand success.



Winners of Manuscript Magazine



First (*Triginta*)
Std. VIA

Second (*Carpe Diem* and *Lychnos*)
Std.VIII B and Std.VIII A

Third (*Gardenia*)
Std.VII A



CHILDREN'S DAY 2018



A special assembly was conducted by the teachers on 14th of November 2018. Mrs. Shalat Biji Mathew led the gathering in prayer; Mrs. Sophy Thomas Kovoor read from the Scriptures; Mrs. Jean Ann Alex gave the scriptural message; Mr. Sajai John spoke on the occasion; Mrs. Roshin John recited a poem with great zeal and enthusiasm and group songs were sung by the teachers. A kitchen Orchestra by the teachers filled the auditorium with cheers. A movie based on the students' activities was visualized by Mrs. Cynthia Marina Varghese. Jeswin T Renjith of Std. V A addressed the students as Chachaji and reminded them about the love of Jawaharlal Nehru towards children. The teachers took perfect control of the stage and won the hearts of the students with their scintillating, enthusiastic and energetic performance.

Special Assembly on Children's Day by Primary Section



SAPHALYAM 2018

The Saphalyam 2018 programme was held in our campus on 19th of November, 2018. The programme commenced with a word of prayer by Rev. K. C. Joseph Secretary, Malankara Marthoma Syrian Church. The team entertained the students with a street play displaying a fight against various addictions like drugs, internet, mobile phones etc. A pledge was taken by the students against the usage of drugs and over use of mobile phones. Liz Leya Ninu of Std. XI A proposed the vote of thanks. The programme came to an end with the Principal signing the oppuvandi and followed by the class leaders.



The flood relief collection was handed over to His Grace The Most Rev. Dr. Joseph Mar Thoma Metropolitan by the then Secretary Mr. Thomas P. Athyal and Treasurer Mr. George Vaidyan of Mar Thoma Educational Agency in the presence of Rev. K. E. Geevarghese, Principals Mr. Reji Mathew (MTRS) and Prof. Thomas Mathew (MTCS).



Former secretary of Mar Thoma Educational Agency Mr. Thomas P. Athyal, Principal Reji Mathew (MTRS) and Prof. Thomas Mathew (MTCS) handed over the collected amount to Adv. Mathew T. Thomas, former minister of Kerala Water Resources, in collaboration with Kerala CM's Flood Relief Fund.



Achievements

First prize in Quiz competition hosted by the Postal Department



Mohammed Aashique (Std XI C) and Sooraj Sajeey(XII B)-Senior
Sam Mathews Mammen(Std IX A) and K Ananthakrishnan (Std.IX C)-Junior

Overall Winners ,YMCA Kids Fest 2018



Prakash Memorial Interschool Malayalam Elocution Competition 2018



FIRST
Georgee K Marret
Std.X B

THIRD
K Ananthakrsihnan
Std.IX C



Navaneet V Kumar
Std.VII C

PCM-Grade A1 with scholarship and Silver medal in the national level scholarship Examination and National Champion-Gama Abacus



Nivedita V Kumar
Std.X C

1st Runner-up
Alton Arch Spelling Bee
Category VI

Second in Elocution held at Christ Central School on the Relevance of Gandhian Principles.



Christo Kurian Ajoy, XI A

RETREAT

Retreats were held for Std.XII and Std.X under the guidance of the school councilor Rev.Dr.Joe Joseph Kuruvilla. Std.X students were taken to Dr.Zacharias Mar Theophilus Suffragan Metropolitan Memorial *Tharangam* Mission Action Centre,Arattupuzha on 3rd of December and Std.XII to Mar Thoma Development Center *Kaval* at Haripad on 5th of December along with their teachers.



Our stars performing in Pulkoottil Pookkalam and Kids Fest hosted by DSMC and SU & CSSM at Tiruvalla



FIELD TRIP 2018





Inter-school Athletic Champions



**ASISC National Table Tennis Tournament
ICSE Boys Secured Third**



All Kerala Table Tennis Tournament

First in Cadet Boys Category



Cherian Ninan Kochiyil
(Std.V B)

Third in Mini Cadet Boys Category



Abel Jacob Phillip
(Std.IV D)

ASISC National Basketball Tournament 2018



Alan Kuriakose Cherian
(Std.XII B)
Second runner-up

All Kerala ASISC Inter School Table Tennis Tournament



ISC Boys secured First and ICSE Boys and Girls secured second

All Kerala Masters Swimming Competition



Mr. Jaison James
First prize in 50m, 100m freestyle, 50m best stroke, 50m back stroke and 4x200m relay



**All Kerala Interschool Football Tournament
Overall Champions (Junior Category)**

Best Player under 14 category



Joel Thomas Jijo
(Std.VIII C)



Levin Std.IV C, Cherian Std.V B, Abel Std.IV D

Cadet Boys Team secured Second place in Inter District Table Tennis Tournament

CSSM MISSION

As usual we had CSSM session from 24th to 28th of September. The team under the leadership of Rev. Reji Thomas Chacko Secretary of SU and CSSM made their vibrant presence in the campus. The theme of their sessions was Celebrating Life by Searching and Evaluating Life Failures and Efficiency (SELFIE) The CSSM volunteers Mr. Albert, Mr. Dinesh Salian, Mr. Jose K Scaria, Mr. Rajesh P C, Ms. Anu Samuel, Mr. Jithin George, Mr. Soj Philip Simon, Mr. Varghese Abraham, Mr. Suji Rajesh and Ms. Mareena Jose teamed up to impart the lessons to the children. Their life experiences through which they met God were so heart warming. The songs and stories they taught were having great morals. This year's sessions too were a great blessing for all the students.





HOPE: THE HEART OF CHRISTMAS

The Christmas programme of the school with Hope as the theme was held on 7th of December, 2018 at 2.30pm in the school auditorium. Principal Mr.Reji Mathew welcomed the gathering. Rt. Rev. Dr. Euyakim Mar Coorilos, Episcopa of Kottarakara – Punalur diocese graced the occasion as the Guest of Honour. He emphasised the importance of sharing and caring during this Christmas season. There were melodious carols presented by choir groups of various sections.



A group of girls dressed up beautifully presented mind blowing choreography. A live musical nativity *Reliving the first Christmas* won a lot of applause. The school organised a deck the tree contest with the theme of *Hope* challenging the children to use eco-friendly adornments. Four Christmas trees were donated to the school by the ISC 2020 batch from the profit they got by conducting the food stall during the annual athletic meet. Red and Green houses secured first and second places.



Merry Christmas & HAPPY NEW YEAR

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